

# Cookie Policy

My Online Counsellor

Version: 1.0

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## What Are Cookies?

Cookies are small text files placed on your device when you visit a website. They help websites function effectively, improve user experience, and provide information about website usage.

## How We Use Cookies

My Online Counsellor may use cookies to:

- \* Ensure the website functions correctly
- \* Improve website performance
- \* Understand visitor behaviour through analytics
- \* Enhance security
- \* Remember user preferences

## Types of Cookies We May Use

### Essential Cookies

These cookies are necessary for the website to function and cannot be switched off.

### Analytics Cookies

These cookies help us understand how visitors use the website so that we can improve content and functionality.

Examples may include:

- \* Google Analytics

### Functional Cookies

These cookies remember preferences and settings to improve your experience.

### Third-Party Cookies

Some website features may use services provided by third parties such as:

- \* Google
- \* YouTube
- \* Social media platforms

\* Payment processors

These providers may set cookies in accordance with their own privacy policies.

## Managing Cookies

Most web browsers allow you to control cookies through browser settings.

You can:

\* Accept cookies

\* Reject non-essential cookies

\* Delete existing cookies

Please note that disabling certain cookies may affect website functionality.

## Cookie Consent

When you first visit our website, you may be presented with a cookie consent banner allowing you to manage your cookie preferences.

## Contact

If you have questions about this Cookie Policy, please contact:

Email: [Debbiecrew@myonlinecounsellor.org](mailto:Debbiecrew@myonlinecounsellor.org)

Website: <http://www.myonlinecounsellor.org/>